

Dr. Joel De Souza Dentistry Professional Corporation

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PORCELAIN VENEERS

We have placed porcelain veneers on your teeth. We consider these restorations to be “state-of-the-art.” They are placed using the finest materials and techniques available in dentistry today. Dr. De Souza takes extra care to ensure that these veneers will provide you with many years of enjoyable smiles. As a proud owner of a new smile, we want to provide you with some information that may help you keep them as nice and as long as possible.

CHEWING: Porcelain veneers, although possibly as strong as your natural teeth, can chip or break if abused just as your teeth would. We, therefore, recommend that you avoid certain things that we have seen break or chip natural teeth such as chewing, ice, biting finger nails or pins, raw carrots, hard candy, chicken or rib bone, etc.

GRINDING: If you grind your teeth, either at night while sleeping or during daytime activities such as sports, we may recommend that you have a custom mouthguard made to protect your veneers. This is particularly important if the veneers were used to lengthen your teeth.

BRUSHING: Always use a soft toothbrush and void abrasive toothpastes such as those containing baking soda or “smokers” toothpaste. These rough toothpastes can scratch and damage your new teeth, as they can also damage your natural dentition.

FLUORIDE: Do not use a stannous flouride or acidulated phosphate flouride product with your veneers. Many dentists are recommending products such as Omnigel or Gel-Kam, to help individuals with sensitive or cavity prone teeth. These products can actually etch the procelain and decrease the surface smoothness of the veneer. Always tell the dental hygenist that you have porcelain veneers when you have your teeth cleaned. Products containing sodium flouride, such as Prevident or Fortify, are recommended.

MOUTH RINSES: High alcohol content mouth rinses are not recommended. Some rinses contain as much as 60% alcohol and in this concentration, it has been shown to weaken the resin bond between the veneer and your natural tooth.

ROUGHNESS: If you feel a rough edge on your veneer, do not pick at it. Call our office to have it smoothed.

FAILURE: If a failure, such as a chip or a crack, does occur, it will be replaced free of charge during the first year. This is assuming that it is not the result of an accident or trauma and that you have complied with the recommendations listed above. This is also includes coming in regularly for your follow-up appointments.

Porcelain veneers can be very rewarding if proper care is taken to maintain them.

If you have any questions or concerns, please call Dr. De Souza at (905)829-1666.